

# 2022 Battle of the Bodies – Athlete Letter

Updated 2/6/2022

2022 Battle of the Bodies competitors, please read all the important information below to be ready for the event.

## **Competition:**

Saturday, May 7, 2022

DoubleTree Warren Place

6110 S. Yale Avenue, Tulsa, Oklahoma, 74136-1904

Athlete Check-in: 8:45a.m.

Mandatory Athlete meeting: 9:20 a.m.

Prejudging - 10:00 a.m.

Athlete Finals Check-In: 2:45 p.m.

Finals - 4:00 p.m.

Finals will begin at 4:00 PM so that we finish earlier and so everyone has more time in the evening to celebrate after the show with family and friends.

## **Host Hotel:**

DoubleTree Warren Place

6110 S. Yale Avenue, Tulsa, OK 74136

## **Mandatory Athlete Check In / Height Check / Weigh-in:**

Friday, May 6th at the Host Hotel

- 6:00PM - Men's Bodybuilding, Classic Physique, Men's Physique and \*Natural competitors report for registration
- 6:30PM - Bikini, Figure, Fitness, Wellness, Women's Physique & Women's Bodybuilding competitors report for registration

ANY UNREGISTERED competitors report at 7:00 PM. Please be aware that you will register immediately after the pre-registered athletes. All competitors must wear or bring their posing suits and be prepared to wear them for check in.

\*Natural competitors must submit to a urinalysis test the day of check-in.

## **New Divisions as of 2020**

### **Wellness:**

Wellness has been added for 2020. Be sure to [read through the rules](#) on Wellness on the NPC News Online website.

**Hero:**

This class is open to any current or retired member of Military, Police, Fire, EMT and First Responders. There will be one Hero class in each division. Please provide proof of service or employment at weigh-ins.

**Routine Music:**

Bodybuilding, Classic Physique, Fitness and Women's Physique competitors will need to submit their music online before registration closes. **DON'T DISCARD YOUR REGISTRATION CONFIRMATION.** Within that email, you will have a special link to use specifically for you to upload your music.

- Posing Routines may be up to a maximum of 60 seconds.

**NPC Card:**

All competitors must have a current NPC Membership. You can purchase your 2021 NPC membership online at this link and get immediate proof of purchase: <https://www.npcregistration.com/>. Be sure to snap a photo of it once it's shown on the screen and bring it with you or print it out.

You can also purchase your NPC membership for \$125 (cash only) at the athlete check in.

**Tickets:**

Tickets and backstage passes are now on sale at this link:

<https://npcoklahoma.com/battle-of-the-bodies/>

Please bring ID with you in order to pick up your tickets at the front door. Tickets can be bought online until Wednesday the week of the show. At that time, they will need to be purchased at the door.

Please remember that ALL Children must have tickets to attend the show and are not allowed backstage. No refunds, exchanges or transfers after on tickets or athlete registrations. All ticket sales and registrations are FINAL.

**Official Spray Tanning Service:**

Champion Tan is the official spray tan company for the NPC Grand Prix, and the ONLY spray tan service that will be on site and backstage at the show. Since 2015 Champion Tan has provided the winning stage color for 409 Class Winners and 77 Overall Winners at NPC shows in Oklahoma. Spray Tan Appointments for the 2020 NPC Grand Prix are filling up very quickly! Once all available appointment times are booked, we will not be able to take any additional clients. If you have not yet booked your spray tan package, please do so ASAP at the link below in order to get the best available appointment time.

Here is the direct link to book your spray tan package online: <http://npcoklahoma.com/book-spray-tan/>.

Your spray tan package will include a full base tan coat applied on Friday at the host hotel, and then a finishing coat applied on Saturday morning at the venue. Your package will also include color touch ups as necessary during the competition on Saturday. Don't leave your contest color to chance. Book your spray tan appointment with Champion Tan today!

### **Hair and Makeup:**

Hair and Makeup services will be provided by our Official Backstage Hair & Makeup Artists Tease is composed of experienced, licensed artists that are experienced in stage perfect hair and makeup that will transform your natural beauty to achieve the glamour and beauty synonymous with NPC/IFBB stage presentation. Sit back, relax and let tease. Transform you into the sparkling Champion that you are! Go online today and schedule your perfect appointment time: <http://npcoklahoma.com/hair-makeup-for-npc-oklahoma-competitors/>

### **Photography**

No cameras will be allowed in the venue. We have a professional photographer taking the stage photos and he owns the photographic rights.

Photography will be handled by August Photography. You can pre-order photos by visiting <https://zenfolio.page.link/UEgqg>

### **Other reminders**

- Each athlete should bring a can of Pam to be oiled with.
- Hair and make-up other than from the official Tease company, can't be done inside the facility. Other arrangements will need to be made.
- No children are allowed backstage.
- Backstage passes are for backstage only. Additional wristbands will be needed to go inside the venue.
- It's going to be a long day. May we suggest bringing some house shoes so you will be comfortable backstage. Some have also brought pillows or other items to sit on. We want you to be comfortable and relaxed before you hit the stage.

If you have any questions about your registration, please contact Eileen Calabrese by phone at (918) 938-2642 or by email at [npcoklahoma@yahoo.com](mailto:npcoklahoma@yahoo.com). You can also email Michael Elias for Battle of the Bodies questions at [Michael@PhysiqueFX.com](mailto:Michael@PhysiqueFX.com). Good luck with your final preparations for the 2022 NPC Oklahoma season!

Warmest Regards, Eileen Calabrese

NPC Oklahoma State Chairperson,  
NPC Promoter  
IFBB PRO Judge & National Judge

Be sure to follow [NPC Oklahoma](#) on Facebook for important show updates as well as [Instagram](#) at [@npcoklahoma](#).