

# 2020 Showdown of Champions – Athlete Letter

updated 8/4/20

2020 Showdown of Champions competitors, please read all the important information below to be ready for the event.

## **Competition:**

Saturday, August 22, 2020

Embassy Suites OKC by Downtown Medical Center

741 N Phillips Ave, Oklahoma City, OK 73104

Prejudging - 10:00 AM

Finals - 3:00 PM

Finals will begin at 3:00 PM so that we finish earlier and so everyone has more time in the evening to celebrate after the show with family and friends.

## **Host Hotel:**

Embassy Suites OKC by Downtown Medical Center

741 N Phillips Ave, Oklahoma City, OK 73104

(405) 239-3900

Mention NPC Oklahoma for group rates when booking. [Book your room online.](#)

## **Mandatory Athlete Check In / Height Check / Weigh-in:**

Friday, August 21<sup>st</sup> at the Host Hotel

- 6:00PM Men's and Women's Bodybuilding, Classic Physique, Women's Physique and Fitness competitors report at 6:00 PM.
- 6:30PM Bikini, Figure, and Men's Physique competitors report at 6:30 PM

ANY UNREGISTERED competitors report at 7:00 PM. Please be aware that you will register immediately after the pre-registered athletes. All competitors must wear or bring their posing suits and be prepared to wear them for check in.

## **New Division for 2020 – Wellness:**

Wellness has been added for 2020. Be sure to [read through the rules](#) on Wellness on the NPC News Online website.

## **New Classes for 2020 – Hero and Natural:**

Hero: This class is open to any member of Military, Police, Fire, EMT and First Responders.

There will be one Hero class in each division. Please provide proof of employment at weigh-ins.

### **Routine Music:**

Bodybuilding, Classic Physique, Fitness and Women's Physique competitors will need to submit their music online at <http://npcoklahoma.com/music-submission/> by the day before check-in on June 5<sup>th</sup>.

- Posing Routines may be up to a maximum of 90 seconds.

### **NPC Card:**

All competitors must have a current 2020 NPC Membership. You can purchase your 2020 NPC membership online at this link and get immediate proof of purchase: <https://www.npcregistration.com/>. Be sure to snap a photo of it once it's shown on the screen and bring it with you or print it out.

You can also purchase your NPC membership for \$125 (cash only) at the athlete check in.

### **Tickets:**

Tickets and backstage passes are now on sale at this link:

<http://npcoklahoma.com/shows/showdown-of-champions/tickets/>

Tickets can be bought online until Wednesday the week of the show. At that time, they will need to be purchased at the door.

### **Official Spray Tanning Service:**

Champion Tan is the official spray tan company for the NPC Grand Prix, and the ONLY spray tan service that will be on site and backstage at the show. Since 2015 Champion Tan has provided the winning stage color for 409 Class Winners and 77 Overall Winners at NPC shows in Oklahoma. Spray Tan Appointments for the 2020 NPC Grand Prix are filling up very quickly! Once all available appointment times are booked, we will not be able to take any additional clients. If you have not yet booked your spray tan package, please do so ASAP at the link below in order to get the best available appointment time.

Here is the direct link to book your spray tan package online: <http://npcoklahoma.com/book-spray-tan/>.

Your spray tan package will include a full base tan coat applied on Friday at the host hotel, and then a finishing coat applied on Saturday morning at the venue. Your package will also include color touch ups as necessary during the competition on Saturday. Don't leave your contest color to chance. Book your spray tan appointment with Champion Tan today!

### **Hair and Makeup:**

Tease is the Official Hair and Makeup provider for all NPC Oklahoma competitions. Our licensed professional artists are experienced in stage perfect makeup application to carry you through your important competition day. TEASE will transform a competitor's everyday look and enhance their natural beauty to achieve the glamour and beauty synonymous with NPC/IFBB competitions. Sit back and relax, let TEASE transform you into the sparkling Champion you are!

Go online today and schedule your perfect appointment time: <http://npcoklahoma.com/hair-makeup-for-npc-oklahoma-competitors/>

## Photography

August Photography is the official photographer for the Battle of the Bodies and will be capturing all your exciting on stage and back stage shots. They succeed in capturing each athlete in a manner that portrays the champions you are. They will also be scheduling a limited number of individual photo shoots for Saturday and Sunday so call NOW to set up an appointment. 405-517-3740 Visit August Photography Specials for details and to purchase!

**Note: DSLR type cameras with telephoto lenses will not be allowed in the venue.**

Our professional photographer Julia August of August Photography is taking the stage photos and all competitors will receive 5 free professional photos that they can select and download from the professional photographer's web site. Please do not bring telephoto lens cameras into the venue. You will be asked to remove them. Here are the details for this year's Pre-Show Specials.

All offers expire at 11:59 pm the night of registration.

25 High Res Image Downloads \$85

15 High Res Image Downloads \$50

5 High Res Image Downloads \$20

**Order photos here:** <https://secure.zenfolio.com/augustphotography/Preorder939478285/shop>

All competitors who order will be sent an email as soon as images go up online so they can select their favorite images for download.

### Other reminders:

- Each athlete should bring a can of Pam to be oiled with.
- Hair and make-up other than from the official Tease company, can't be done inside the facility. Other arrangements will need to be made.
- No children are allowed backstage.
- Backstage passes are for backstage only. Additional wristbands will be needed to go inside the venue.

- It's going to be a long day. May we suggest bringing some house shoes so you will be comfortable backstage. Some have also brought pillows or other items to sit on. We want you to be comfortable and relaxed before you hit the stage.

Good luck with your final preparations for the 2020 NPC Oklahoma Championships!

Warmest Regards, Eileen Calabrese  
NPC Oklahoma State Chair & National Judge