

2019 NPC Oklahoma Full Show Information

Saturday June 1st
Edison Preparatory School 2906 E. 41 St. Tulsa, Oklahoma

Prejudging - 10:00 AM
Finals - 3:00 PM

Mandatory Athlete Check In / Height Check / Weigh-in

Friday May 31st at the Host Hotel - Double Tree At Warren Place 6110 S Yale Ave, Tulsa, OK 74136

6:00 PM

Men's and Women's Bodybuilding, Classic Physique and Fitness

6:30 PM

Bikini, Figure, Men's and Women's Physique competitors

Late Registration: 7:00pm

All competitors must wear or bring their posing suits and be prepared to wear them for check in.

Routine Music

Bodybuilding, Classic Physique, Fitness and Women's Physique competitors will turn in their routine music at the Athlete Check In. Music must be burned with a single song on a USB drive or CD. Posing Routines may be up to a maximum of 60 seconds.

NPC Card

All competitors must have a current 2019 NPC Membership.
You can now purchase your card online and get instant proof of purchase at this link: [Join The NPC](#)
You can also purchase your NPC membership for \$125 cash at the athlete check in.

Register To Compete:

Online Entry

[NPC Oklahoma Online Registration](#)

*** If you are already registered, you may add additional classes at the competitor registration for \$80 per class without paying an additional late registration fee.

Online Ticket Sales and Backstage Pass

[NPC Oklahoma Tickets](#)

Tickets are selling fast! Purchase your tickets at the link above to ensure you get the tickets you need!

Host Hotel

Book your room early at our full service host hotel and receive our special group rate!

Double Tree At Warren Place
6110 S Yale Ave, Tulsa, OK 74136

918-495-1000

Call and mention NPC Oklahoma to reserve the special room rate.

[Book your room](#)

Official Spray Tanning Service

Champion Tan is the official Spray Tan service for the NPC Oklahoma Championship!

If you have not made an appointment for Spray Tanning with Champion Tan, appointments are filling up fast! Book your spray tan appointment online today

[Book Your Spray Tan With Champion Tan](#)

Hair and Makeup

Tease is the Official Hair and Makeup artists for all NPC Oklahoma competitions. Our professional team of Hair & Makeup Artists will enhance your beauty with the glamour that is synonymous with the NPC/IFBB Stage!

Book your Hair and Makeup Appointment for all shows online at the following link:

[Book Your Hair and Makeup Appointment](#)

Official Photographer

Lloyd Terry Jr., owner of Bodygraphics Photography will be capturing all the onstage and backstage action. Lloyd has photographed The Olympia, many IFBB Pro and National shows, he is a contributing photographer for npcnewsonline.com, Flex, Muscle Insider, and Muscular Development

magazines. Please contact Lloyd for a photo shoot that weekend and to purchase your great photos:

[Order Photos](#)

Note: No cameras will be allowed in the venue. We have a professional photographer taking the stage photos and he owns the photographic rights.

Good luck with your final preparations for the 2019 NPC Oklahoma Championships!

Warmest Regards,

Eileen Calabrese

NPC Oklahoma State Chair & National Judge