

2017 NPC Ultimate Bodybuilding Championship Info and Instructions

Competition:

Saturday March 18, 2017

Armed Forces Reserve Center, 4000 Thunderbird St, Norman, OK

Prejudging - 10:00 AM

Finals - 6:00 PM

Important Info:

Ticket and Backstage Pass* sales will be available for purchase online through Wednesday, March 15th at 12 PM. After that you will not be able to buy Tickets or Backstage Passes online.

Tickets will be available for purchase at athlete check-in on Friday and at the door on Saturday while they last.

Use the link below to purchase Backstage Passes and Tickets Online:

<http://npcoklahoma.com/shows/ultimate-bodybuilding/tickets/>

*You must have a current 2017 NPC Membership and present your NPC card at check-in to obtain your backstage pass.

Spray Tanning

Champion Tan is the official spray tan service for all NPC shows in Oklahoma and they will be the only spray tan company onsite at the show. The Champion Tan spray tan package includes your base coat on Friday, a Finishing coat early Saturday morning, and touchups throughout the show as needed.

Book your Champion Tan Spray Tan package online at the link below asap to get the best available time slot.

<http://npcoklahoma.com/book-spray-tan/>

Hair & Makeup

Hair & makeup services will be provided by TEASE. Visit <http://npcoklahoma.com/hair-makeup-for-npc-oklahoma-competitors/> to book services.

Host Hotel:

Holiday Inn Express & Suites, Norman

2500 Conference Dr, Norman, OK 73069, 405-928-5300

Mandatory Athlete Check In / Height Check / Weigh-in / Suit Check

Friday March 17th at the Army Reserve Center

6:00 PM

Men's and Women's Bodybuilding, Women's Physique, Classic Physique and Fitness competitors report at 6:00 PM with your routine music**.

6:45 PM

Bikini, Figure, and Men's Physique competitors report at 6:45 PM

7:30 PM

ANY UNREGISTERED competitors report at 7:30 PM. Please be aware, if you are not registered and you show up before 7:30, you will be asked to come back.

All competitors must wear or bring their posing suits and be prepared to wear them for check in.

****Routine Music**

Bodybuilding and Women's Physique competitors will turn in their routine music at the Athlete Check In. Music must be burned with a single song on a CD, in .cda format (formatted to play in a regular CD player – no MP3 files).

Posing music must not contain vulgar lyrics. Competitors using music containing vulgar lyrics will be disqualified.

Prejudging Routines:

Fitness - maximum of 60 seconds

Men's and Women's Bodybuilding, Women's Physique, Classic Physique – 30-60 seconds

Finals Routines:

Fitness – maximum of 2 minutes

Men's and Women's Bodybuilding, Women's Physique, Classic Physique – max of 90 seconds

NPC Card

All competitors must have a current 2017 NPC Membership.

You can download the form and mail in for your NPC membership or register online and print your card at this link:

<http://npcnewsonline.com/join-the-npc/>

You can also purchase your NPC membership for \$125 (cash only) at the athlete check in.

Please allow at least 6 weeks to receive your NPC card if you mail in for it.

If it's within 6 weeks of the show, please register online and print your card or plan on purchasing the membership at the athlete check in.

Register To Compete:

Online Registration is now open at this link:

<http://npcoklahoma.com/shows/ultimate-bodybuilding/registration/>

Tickets and Backstage Passes are now on sale at this link:

<http://npcoklahoma.com/shows/ultimate-bodybuilding/tickets/>

There are a **LIMITED** number of Backstage Passes available. Purchase online at the link above ASAP if you need a Backstage Pass! Don't forget you must also have a current NPC Membership card to obtain a Backstage Pass.

Photography

August Photography is the official photographer for the NPC Ultimate Bodybuilding Championship and will be capturing all your exciting on stage and back stage shots.

They succeed in capturing each athlete in a manner that portrays the champions they are. They will also be scheduling a limited number of individual photo shoots for Saturday and Sunday so call NOW to set up an appointment. [405-517-3740](tel:405-517-3740)

August Photography is offering a Pre-Show Special on Photography

Visit <http://www.yourfantasticphotos.com/npc-oklahoma-pre-show-specials> for details and to purchase!

For questions about registration, classes, tickets, sponsorship or vendor space contact

Tommy Brown by email at thomas.brown2@att.net or at 405-863-7665 or

Eileen Calabrese by email at npcoklahoma@yahoo.com or at [918-938-2642](tel:918-938-2642)