

## **2017 NPC Heartland Classic Full Show Info**

### **Competition:**

Saturday October 14th

Cox Convention Center - 1 Myriad Gardens, Oklahoma City, OK

Prejudging - 10:00 AM

Finals - 6:00 PM

### **Host Hotel:**

Courtyard By Marriott OKC Downtown

2 West Reno Avenue Oklahoma City OK 73102

Book by September 13<sup>th</sup> to get the special Group Rate

[Click Here To Book Your Room](#)

### **Mandatory Athlete Check In / Height Check / Weigh-in**

Friday October 13th at the Host Hotel – Courtyard By Marriott OKC Downtown

#### **6:00 PM**

Men's and Women's Bodybuilding, Men's Physique, Classic Physique, and Fitness competitors report at 6:00 PM

#### **6:30 PM**

Bikini, Figure, Women's Physique competitors report at 6:30 PM

All competitors must wear or bring their posing suits and be prepared to wear them for check in.

### **Routine Music**

Bodybuilding and Women's Physique competitors will turn in their routine music at the Athlete Check In. Music must be saved with a single song on a USB or CD.

Posing Routines may be up to a maximum of 90 seconds.

All competitors will do their routines at Finals on Saturday.

### **NPC Card**

All competitors must have a current 2017 NPC Membership.

You can register online at this link: <http://npcnewsonline.com/join-the-npc/>

If you purchase online, please bring the email proof of purchase to registration if you have not received your card by then. You can also purchase your NPC membership for \$125 cash at the athlete check in.

### **Register To Compete:**

**Online Registration is now open at this link:**

<http://npcoklahoma.com/shows/heartland-classic/register/>

## **Special Promotion Through September 15<sup>th</sup>!!!!**

Competitors who are registered to compete in at least one class at both the NPC Heartland Classic and the NPC Grand Prix by September 15th, 2017, will get up to 3 additional class entries FREE at the 2017 Heartland classic. That's right, you can compete in up to 4 classes at the 2017 NPC Heartland Classic for the price of one class entry if you register to compete in both shows by September 15th 2017.

When you are registered for both shows, email Michael Elias at [Michael@PhysiqueFX.com](mailto:Michael@PhysiqueFX.com) and let him know which additional classes you would like to enter at the Heartland Classic for no additional charge. It's as simple as that. Perfect your physique and stage presentation and get valuable stage experience in up to 4 classes at the Heartland Classic for the price of one class entry, when you are also registered for the Grand Prix by September 15th, 2017.

### **Purchase Tickets and Backstage Passes:**

#### **Tickets and Backstage Passes are now on sale at this link:**

We will have a record number of competitors this year and we do expect Finals Tickets to sell out. Purchase your tickets online early to ensure that you get them!  
<http://npcoklahoma.com/shows/heartland-classic/purchase-tickets/>

#### **\*NOTE ON BACKSTAGE PASSES!\***

There are a **LIMITED** number of Backstage Passes available and they **WILL** sell out before the show. Purchase online at the link above ASAP if you need a Backstage Pass! The person using the backstage pass must have a 2017 NPC Membership.

### **Official Spray Tanning Service**

Champion Tan is the official spray tanning company for the Heartland Classic. Champion Tan uses professional stage tanning product that gives excellent competition color (they will stay backstage until the FINAL Overall Open Posedown of the evening for all their clients)--they will be set up right in the pump up room (near the stage) and will tan you prior to competition day at the host hotel.

**Online booking is now available. Please book you spray tan package today**

<http://npcoklahoma.com/book-spray-tan/>

### **Hair and Makeup**

TEASE is the official Hair and Makeup service for all NPC shows in Oklahoma.

Book your hair and makeup appointment at this link:

<http://npcoklahoma.com/hair-makeup-for-npc-oklahoma-competitors/>

### **Photography**

August Photography is the official photographer for the Battle of the Bodies

and will be capturing all your exciting on stage and back stage shots. They succeed in capturing each athlete in a manner that portrays the champions you are. They will also be scheduling a limited number of individual photo shoots for Saturday and Sunday so call NOW to set up an appointment. **405-517-3740**

**August Photography is offering this Pre-Show Special on Photography**

**10 Image File Downloads ( Reg \$89 ) Sale \$50**

**25 Image File Downloads ( Reg \$120 ) Sale \$99**

Visit <http://augustphotography.weebly.com/specials.html> for details and to purchase!

## **Classes\***

### **Bodybuilding**

Teen Bodybuilding ( 1 Class )

True Novice Bodybuilding ( 1 Class )

Novice Men's Bodybuilding

Lightweight ( Up to 165.25 lbs )

Middleweight ( Over 165.25 and up to 187.25 lbs )

Heavyweight ( Over 187.25 lbs )

Open Men's Bodybuilding

Lightweight ( up to 154.25 lbs )

Middleweight ( Over 154.25 and up to 176.25 lbs )

Light Heavyweight ( Over 176.25 and up to 198.25 lbs )

Heavyweight ( Over 198.25 lbs )

Masters Men's Bodybuilding 35+ ( 1 Class )

Masters Men's Bodybuilding 40+ ( 1 Class )

Masters Men's Bodybuilding 50+ ( 1 Class )

Novice Women's Bodybuilding ( 1 Class )

Open Women's Bodybuilding ( 1-2 Classes )

Masters Women's Bodybuilding 35+ ( 1 Class )

## **Figure**

Teen Figure ( 1 Class )

True Novice Figure ( 1 Class )

Novice Figure ( 1-3 Classes )

Open Figure

Class A ( Up to 5'4" )

Class B ( Over 5'4" and up to 5'6" )

Class C ( Over 5'6" )

Masters Figure 35+ ( 1 Class )

Masters Figure 40+ ( 1 Class )

Masters Figure 50+ ( 1 Class )

### **Bikini**

Teen Bikini ( Ages 17-19 - 1 Class )

True Novice Bikini ( 1 Class )

Novice Bikini

Class A ( Up to 5'4" )

Class B ( Over 5'4" and up to 5'6" )

Class C ( Over 5'6" )

\* May add a 4th Height Class if necessary

Open Bikini

Class A ( Up to 5'4" )

Class B ( Over 5'4" and up to 5'6" )

Class C ( Over 5'6" )

\* May add a 4th Height Class if necessary

Masters Bikini 35+ ( 1 Class )

Masters Bikini 40+ ( 1 Class )

### **Men's Physique**

Teen Men's Physique ( 1 Class )

True Novice Men's Physique ( 1 Class )

Novice Men's Physique

Class A ( Up to 5'7" )

Class B ( Over 5'7" and up to 5'10" )

Class C ( Over 5'10" )

\* May add a 4th Height Class if necessary

Open Men's Physique

Class A ( Up to 5'7" )

Class B ( Over 5'7" and up to 5'10" )

Class C ( Over 5'10" )

\* May add a 4th Height Class if necessary

Masters Men's Physique 35+ ( 1 Class )

Masters Men's Physique 40+ ( 1 Class )

Masters Men's Physique 50+ ( 1 Class )

### **Women's Physique**

Open Women's Physique ( 1-2 Classes )

Masters Women's Physique 35+ ( 1 Class )

### **Classic Physique**

True Novice Classic Physique ( 1 Class )

Novice Classic Physique ( 1 Class )

Open Classic Physique ( 1 -3 Classes depending on number of entries )

Classic Physique Masters 35+ ( 1 Class )

### **Class Eligibility:**

**True Novice** – This must be your first ever NPC competition in any class

**Novice** – You must not have placed 1<sup>st</sup> in the Novice Class, or in the Top 3 in the Open Class at any NPC competition.

**Open** – All competitors are eligible to compete in the Open Class

\* Classes are subject to change based on entries

For questions about registration, classes and tickets contact  
Michael Elias by email at [Michael@PhysiqueFX.com](mailto:Michael@PhysiqueFX.com) or at 918-691-2766

For questions about sponsorship or vendor space contact  
Carri Ledford Baldwin by email at [Carri@OKFiregirls.com](mailto:Carri@OKFiregirls.com) or at 405-627-7279

Thank you,  
Michael Elias and Carri Ledford Baldwin