

2019 NPC Battle Of The Bodies Athlete Letter

Competition:

Saturday April 27th 2019

Thoreau Academy - 7370 E 71st St, Tulsa

Prejudging - 10:00 AM

Finals - 2:00 PM

Classes / Divisions:

Bodybuilding

Classic Physique

Men's Physique

Fitness

Figure

Bikini

Women's Physique

Teen

Novice

Open

Men's and Women's Masters

Beautiful collector quality swords awarded to the Top 5 in each class in Open Men's Physique and Open Bikini, and to the top 3 in each class in all other divisions.

Open Overall Winners will be featured on the poster for the 2020 Show.

Host Hotel

Double Tree At Warren Place

6110 S Yale Ave, Tulsa, OK 74136

Call and mention NPC Battle of the Bodies to reserve the special room rate.

Mandatory Athlete Check In / Height Check / Weigh-in

Friday April 26th at the Host Hotel - Double Tree At Warren Place

6110 S Yale Ave, Tulsa, OK 74136

6:00 PM

Men's and Women's Bodybuilding, Men's Physique, and Classic Physique competitors report at 6:00 PM

6:30 PM

Bikini, Figure, Women's Physique and Fitness competitors report at 6:30 PM

All competitors must wear or bring their posing suits and be prepared to wear them for check in.

Routine Music

Bodybuilding, Classic Physique, Women's Physique, and Fitness competitors will turn in their routine music at the Athlete Check In. Posing Routines may be up to a maximum of 90 seconds. Fitness routines may be up to two minutes in length. Music may be turned in on either CD or USB drive with one song on the disk or drive.

NPC Card

All competitors must have a current 2019 NPC Membership.

You can now purchase your card online and get instant proof of purchase at this link:

[Join The NPC](#)

You can also purchase your NPC membership for \$120 cash at the athlete check in.

Register To Compete:

Online Entry

[Battle Of The Bodies Online Registration](#)

Online Ticket Sales and Backstage Pass

[Purchase Battle Of The Bodies Tickets](#)

NOTE

There are a **LIMITED** number of Backstage Passes available and they **WILL** sell out before the show. Purchase online at the link above ASAP if you need a Backstage Pass!

We do expect Finals Tickets to sell out. Purchase your tickets online early to ensure that you get them!

Official Spray Tanning Service

Champion Tan is the official Spray Tan service for all NPC shows in Oklahoma.

Champion Tan is the only spray tanning service that will be on site and backstage at the event venue to make sure you have the service you need from Prejudging through Finals.

If you have not made an appointment for Spray Tanning with Champion Tan, appointments are filling up fast!

Book your spray tan appointment online today

[Book Your Spray Tan With Champion Tan](#)

Hair and Makeup

Tease is the Official Hair and Makeup provider for all NPC Oklahoma competitions.

Book your Hair and Makeup Appointment for all shows online at the following link:

[Book Your Hair and Makeup Appointment](#)

Note: DSLR type cameras with telephoto lenses will not be allowed in the venue.

We have a professional photographer taking the stage photos and all competitors will receive 5 free professional photos that they can select and download from the professional photographer's web site. Please do not bring telephoto lens cameras into the venue. You will be asked to remove them.

Please email any questions to Michael@PhysiqueFX.com or call 918-691-2766

Good luck with your training and I look forward to having you in the show.

Thank you,
Michael Elias